

School Programs Guide



Cape Henry Lighthouse is a **Preservation Virginia** historic property. Founded in 1889, Preservation Virginia is the country's oldest statewide historic preservation group. In addition to advocating for and preserving private and public historic spaces and structures across the Commonwealth, Preservation Virginia also owns and operates six historic sites as public museums: **Historic Jamestown** (1607, Jamestown), **Bacon's Castle** (1665, Surry), **Patrick Henry's Scotchtown** (1719, Hanover), **Smith's Fort Plantation** (1763, Surry), **John Marshall House** (1790, Richmond), and **Cape Henry Lighthouse** (1792, Virginia Beach).

About Cape Henry Lighthouse: Constructed in 1792, Cape Henry Lighthouse is the brainchild of President George Washington and Treasury Secretary Alexander Hamilton. Cape Henry is the first federally funded lighthouse in the country and the 4th oldest lighthouse still standing in the United States today. Built with the same Aquia sandstone as much of Washington, D.C, the lighthouse guided sea travelers to safety for almost 100 years. Cape Henry possesses 194 steps and offers an incredible view of the Chesapeake Bay.



Additionally, Cape Henry is situated near the "First Landing" site where English colonizers first arrived on their way to settle in Jamestown. The Cape Henry Lighthouse site is home to over 400 years of history, educating students about Virginia's regions and geography, indigenous history in the area, First Landing, colonization and the American Revolution, creating the American nation, War of 1812, sea battles of the Civil War, intersectional conversations about World War I and World War II, and more. Additionally, Cape Henry also creates ample opportunities to relate social studies curriculum with STEAM education. Cape Henry is positioned to welcome students of all ages to experience the lighthouse and the local landscape, either through in-person field trips or Cape Henry outreach presentations. We look forward to hosting your students soon!

While all Cape Henry field trips empower students to develop and/or exercise their skills in historical inquiry, analyzing primary sources, connecting past to present, and evaluating change over time, a **visit with Cape Henry (including post-visit activity and outreach program)** can satisfy the following Virginia Standards of Learning:

Grade	Social Science (2015 Standards)	Science (2018 Standards)
Kindergarten	K.1a, b, c, d, e, f, g, i, j; K.2a, b; K.3; K.4; K.5c, e; K.7; K.9a, b; K.10a, c, d, e, g; K.11c;	K.1a, c, d, f; K.3a, b, c, d; K.4a, b; K.5a, b; K.6a, b; K.7a, b; K.8a; K.9a, b, c; K.10a, b, c, d; K.11c;

1st Grade	1.1a, b, c, d, e, f, g, i, j; 1.2a, b; 1.5a, b, c, d; 1.6a, b; 1.8; 1.10a, b, d;	1.1a, b, c, d, f; 1.2a, b; 1.4a, b, c; 1.5 a, b, c; 1.6a; 1.7a, b, c; 1.8b, c;
2nd Grade	2.1a, b, c, d, e, f, g, i, j; 2.2; 2.3a; 2.6a; 2.7a; 2.8a; 2.11d, e;	2.1a, d, f; 2.4a, b; 2.5a, b, c; 2.6a, c; 2.7a, b, c; 2.8a, b, c;
3rd Grade	3.1a, b, c, d, e, f, g, i; 3.13;	3.1a, c, e, f; 3.4a, b, c; 3.5a, b; 3.6a, b; 3.7c; 3.8a, b, c, d;
4th Grade	VS.1a, b, c, d, e, f, g, j; VS.2a, b, c; VS.3a, b, g; VS.5a, b, c; VS.6a; VS.7b, c; VS.10a;	4.1a, d, f; 4.2a, b, c, d; 4.3a, b, d, e; 4.4a, b; 4.7a, b, c; 4.8a, b, d;
5th Grade	USI.1a, b, c, d, e, f, g, j; USI.2a, d; USI.5a, e; USI.6d; USI.7c; USI.9e;	5.1d; 5.6a, b, c, d, e;
6th Grade	USII.1a, b, c, d, e, f, g, j; USII.7b;	6.1f; 6.6a, b, c, d, e, f; 6.8a, b, c, d; 6.9a, c;
7th Grade		LS.1a; LS.4a, b, c; LS.5b, c; LS.6a, b, c, d; LS.7a, b; LS.8a, b, c; LS.9a, b;
8th Grade	WG.1a, b, d, e, f, g, j; WG.2a, b, c; WG.a, b, d; WG.5b, c, d; WG.15a, b; WG.16b;	PS.1a, b, e;
9th Grade	WHI.1a, b, c, d, e, f, g, j; WH.2a;	ES.1a, c, d; ES.8a, b, c, d; ES.10a, b, c, d, e; ES.12a, b, c, d, e;
10th Grade	WHII.1a, b, c, d, e, f, g, j; WHII.4a, b, d; WHII.9a; WHII.11a, b, c;	BIO.1a, b, c, d, f; BIO.2a; BIO.8a, b, c, d;
11th Grade	VUS.1a, b, c, d, e, f, g, j; VUS.2a, b; VUS.3a, b, c; VUS.4c, d, e; VUS.5a; VUS.6c; VUS.8a, b, e; VUS.9b, c; VUS.11 a, c, d;	
12th Grade	GOVT.1c, f, j; GOVT.4d; GOVT.5d; GOVT.12c; GOVT.13a, b;	

Field Trip Components:

While we are happy to do our best to accommodate specific needs for your visit to Cape Henry, the foundations of our student field trip experience include:

- an historic walking tour (45 minutes; see tour descriptions below)
- a lighthouse tower climb (30 minutes)
- a pre- or post-outreach program in your classroom at a date of your choice (30-35 minutes)
- a post-visit and teacher-facilitated primary source analysis

Grade	Tour Title	Tour Description
K-3	Cape Henry and Me	Students will learn little known history about the local Virginia Beach area, including witches, pirates, and military. They will also get to explore Fort Story, a prominent military base in Virginia Beach as they consider the history of the community.
K-3	Cape Henry Wildlife	Students will explore the vast ecosystem of the Chesapeake Bay and Cape Henry.
4-8	Cape Henry and the Nation's Beginning	With the first landing of the Jamestown settlers, the Battle of the Capes before Yorktown, and the First Public Works project, Cape Henry witnessed the creation of the United States.
6-12	Fort Story at War: War of 1812 to World War I	Students will visit the sites on Fort Story that are significant to the Revolutionary War, War of 1812, Civil War and World War I in order to make a connection to important historic moments and their local community.
9-12	Fort Story at War: World War II & Civil Rights	World War II affected the lives of Americans at home and abroad. This field trip will explore how life changed on Fort Story as they became a part of the war effort as well as the civilian workforce. It will also discuss what life was like overseas and how different people affected the war efforts.
9-12	Cape Henry and the Industrial Revolution	Students will visit various stops within the Cape Henry historic area that show the advancements made throughout the years of the Industrial Revolution and consider the impacts of shipping, transportation, and commerce.
All Levels	400 Years of Cape Henry	The Cape Henry historic area is home to 400 of years of history beginning with the first landing of British colonists and through the second World War II. This encompassing tour will explore key historic moments Cape Henry witnessed. "400 Years of Cape Henry" can be adapted for all grade levels.

Outreach Programs

As part of your experience with Cape Henry Lighthouse, we will be happy to visit your classroom(s) prior to or following your visit to Cape Henry at a date of your choice to present a related outreach program or presentation.

Cape Henry is a great place to visit for STEAM, too! Topics for these 30-35 minute programs may include:

- Virginia flora and fauna found at Cape Henry and the Tidewater/Chesapeake region
- Water ecosystems and life science
- Oceanography
- Weather patterns and uses of lighthouses
- Light and lighthouses
- Maritime history
- (K-4) Pirates!
- (K-4) Ships and shipwrecks
- (K-3) Creatures of the deep—mystical and otherwise
- (K-3) Sea stories and crafts

All supplies are provided by a Cape Henry Lighthouse Museum Educator(s). We'll provide the latest list of outreach program offerings at the time of your reservation.

Post-Visit Optional Activities

Following your visit with Cape Henry Lighthouse, we would be happy to provide any of the following post-visit activities for you to facilitate with your students that will allow them to think more deeply about the historical content they encountered at Cape Henry and legacies across time. Each of the following post-visit activities are primary source analyses that will empower students to think critically, connect past to present, evaluate change over time, and consider active citizenship in their community. Teachers are of course invited to make any needed adjustments to these lesson plans to suit the needs of their students.

Post-Visit Activity	Suggested Grade	Duration	Virginia SOLs
Mapping Virginia's Indian Tribes	3-5	30-40 minutes: 1 session	3.1b, c, d, e, f, g, i; 3.6d; 3.9; VS.1a, b, c, d, e, f, g, i; VS.2a, b, c, d, e, f, g; USI.1a, b, c, d, e, f, g, i; USI.3a, c;
Depicting Revolution: Patriot and Loyalist Propaganda in Pre-War Boston	3-5	45-60 minutes: 1 session	3.1 a, c, d, e, f, i; 3.12; 3.13; VS.1; VS.5; USI.1 a, c, d, e, f, h, i, j; USI.6
Civic Participation and World War I: Black Soldiers in the Service of Democracy	6-8	90 minutes: 2 sessions (homework and classroom discussion)	USII.1 a, c, d, e, f, g, i, j; USII.3 b; USII.4 b, c; USII.5 c; USII.6 b, c; CE.1 a, d, e, f, i, j; CE.3 c, d, e; WG.1 a, d, e, f, g, i, j; WG.15 a, b; WG.17 b.

America Considers War: Debating the Lend-Lease Act of 1941	9-12	90 minutes: 2 sessions (homework and classroom discussion)	WHI.1, WHII.1, and VUS.1 a, d, e, f, h, j; GOVT.1; WHII.11 a, b, c; VUS.11 a, d; GOVT.7; GOVT.9 b, c, f; GOVT.12; GOVT 13
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Scheduling, Pricing, and Policies

- Pricing
 - For a full field trip experience at Cape Henry including an historic walking tour and lighthouse climb during a visit to Cape Henry, and also a 30-35 minute outreach program in your classroom at a date of your choice: **\$10/student and non-school chaperones; school personnel are always free.**
 - For a shortened visit including only a lighthouse tower climb: **\$7/student**
- Scheduling
 - Reservations must be made at least two weeks ahead of your desired date and may be made by completing our [Student Programs Request Form](#) or contacting Cape Henry Lighthouse at rbalderson@preservationvirginia.org or education@preservationvirginia.org.
 - Reservations must be placed with a 50% deposit of the cost of admission for a **full field trip experience**.
 - Remaining price of admission may be paid at the time of the field trip and acceptable forms of payment include organizational check, credit card, or cash.
- Policies
 - Deposits are refundable if a field trip or student program is canceled no later than 1 week prior to the visit. Deposits are non-refundable for cancellations beyond that point, or no-shows day-of.
 - Every 6 students must be accompanied by 1 chaperone for field trips to Cape Henry.
 - All lighthouse climbers must be 42" tall. Anyone below this height requirement will not be allowed to climb the Cape Henry Lighthouse tower. No exceptions.
 - Cape Henry Lighthouse is located on the active military base, Fort Story. We will provide you all needed information prior to your visit about any requirements to access the Lighthouse. School buses will be able to drive directly to the Lighthouse.
 - Ensure all students wear closed-toed shoes adequate for walking and climbing stairs.
 - We encourage students to also bring bottled water and sun/rain protection as needed.

Group Size and Logistics

- We can accommodate up to 45 kids per 2-hour field trip to Cape Henry Lighthouse.
- While Cape Henry does not possess adequate outdoor locations for students to take lunch, we can make recommendations of nearby spaces!

Contact Us

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